

# GASTRONOMÍA



6430-4834 @LR\_GASTRONOMIA

ADMINISTRACION@LAZOROJASCR.COM



#### BREAKFAST



| COSTARICAN BREAKFAST<br>(rice whit beans served with eggs, meat, or chicken in sauce,<br>sour cream and tortilla) | \$9        |
|---|------------|
| FRENCH TOAST<br>(brioche toast bread, cream cheese, berris and maple syrup)                                       | \$9        |
| SALMON TOAST<br>(bread toast salmon, boiled eggs and seasonal compote)  | \$9        |
| PARFAIT<br>(greak yogurt, muesli and seasonal compote)  | \$7        |
| ENGLISH MUFFINS<br>(2 egss, ham, yellow cheese, hollandaise sauce)  | \$9        |
| PAPAS BRAVAS<br>(seasoned potato wedges whit brava sauce and alioli)  | φ9<br>\$9  |
| EGG AND HAM MONTADITO WITH HASHBROWNS (potato toast with eggs, ham and bernese sauce)                             | ۹۶<br>\$10 |
| BOWL OF SEASONAL FRUITS   | ·          |
| (fruit salad with greak yogurt and hand made muesli) CHIA-COCONUT-MANGO PUDDING                                   | \$7        |
| (chía seeds with coconut milk and fresh mango) EGG, HAM AND BACON CROISSANT                                       | \$5        |
| (croisant sandwich with eggs, ham and bacon)  | \$7        |
| (pancakes with mapple syrup, berries and whipped cream)   | \$7        |





#### OPTION A \$12

To choose from 3 Sides 2 proteins (90g unit)





Steamed mixed vegetables White rice with thyme Potato salad White beans Refried beans Green salad



#### PROTEIN ·

Beef stew in creole sauce Stewed chicken thigh Catch of the day's filete in creole sauce Anatto seasoning pork

Glazed eggplant with miso paste Tender squash with garlic and caramelized onion



#### OPTION B \$15

To choose from 3 Sides 2 proteins (90g unit)



#### **SIDES**

**Rice** gardinier Rustic mashed potatoes Grilled sweet corn Green salad with seeds Russian salad Sauteed vegetables

#### PROTEIN

Braised beef steak in its juices Grilled breast fillet Fish cutled Pork chop in pineapple sauce Teriyaki pork belly



Hazelnut cauliflower with yogurt sauce 💋 Portobello mushrooms with chimichurri



#### OPTION C \$14

Served with green salad.



#### MAIN COURSE

Chicken lasagna in white sauce Beef ragú lasagna Vegetarian lasagna with mushrooms



🎾 Eggplant Parmigiana



Cassava cake with ground meat and cheese Vegetable cake with cheese



#### OPTION D

All with veggie or vegan option.

| SNACKS —                   |      |  |
|----------------------------|------|--|
| Chifrijo 🛞                 | \$9  |  |
| Vigorón                    | \$9  |  |
| Pozole®                    | \$9  |  |
| Burger with fries potatoes | \$11 |  |
| Pulled Pork Sandwich ®     | \$11 |  |
| Nachos machos              | \$8  |  |



#### **OPTIONE \$8**

Served with chips

#### WRAPS



Chicken Caesar Cochinita pibil with beans, cheese and pickled vegetables Beef ragú, beans, cheese and sauteed vegetables Roasted vegetables and hummus

#### SANDWICHES

Ham and cheese Chicken Caesar Roastbeef and roasted garlic





#### CASADOS \$8

Accompanied by white rice, beans, green salad or vegetables and sweet plantains and 145g of protein.

Chicken fillet Beef stew Pork steak Chicken thigh in sauce Chayote stew



DESSERTS \$2 3oz

Lemon pie Vanilla flan Coconut flan Creamy chocolate Creamy passion fruit Rice pudding and nuts Strawberry bavaroise





#### SPECIALS

RAMEN

GASTRONOMÍA

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- Pork belly, egg, vegetables, bok choi, seaweed nori & noodles \$10
- Shrimp, egg, book choi, vegetables, nori seaweed and noodles \$11
- Veggie (mushrooms, bok choi, vegetables, nori seaweed and noodles) \$10





#### PAELLA

Min. 10 pax / Includes green salad and bread

| FROM SEA (shrimp, squi, crabs, fías, clams and vegetables) | \$17 | (per pax) |
|--|------|-----------|
| PAELLA VEGGIE (asparagus, eggplant, artichoke, zuchinni)   | \$17 | (per pax) |
| COUNTRY STYLE (beef, pork, chicken, egg and vegetables)    | \$18 | (per pax) |

#### PIZZA

Buffala parmigiano cheese \$1

MARGARETA (cheese, tomato and basil)

**EXTRAS** 

Proscuitto

Beef ragù

Vegetables

Ham

\$11

\$1

\$3

\$3

\$2

## 

### **GRILL STATION**

Includes all recommended side dishes and 3 protein servings of 80g each and 2 grill sauces.

#### SELECT \$14

Wide beef sirloin Boneless chicken thigh Pork rib

3 tortillas Green salad Roasted potato with cream Grilled sweet plantain



#### CHOISE \$17

Sirloin tip Pork belly Breast fillet

Seed potatoes Roasted vegetables Potato salad Grilled apples

#### PREMIUM \$20

#### Beef tenderloin Breast fillet Pork picanha

Vegetable antipasto Potato, bacon and grape salad Grilled sweet corn House-made focaccia bread

EXTRA SIDES \$2 Salchichón or Chorizo







#### **REGULAR SAUCES**

TERIYAKI MOLCAJETE PEPPERS ARGENTINAN CHIMICHURRI GREEN SAUCE RED SAUCE CILANTRO CHIMICHURRI MOLE BBQ BOURBON CHUTNEY SEASONAL RELISHS SEASONAL

#### SAUCES FOR BBQ

CHIMICHURRI PEBRE SAUCE GUAJILLO SAUCE CHILE SAUCE GREEN SAUCE MOLCAJETE PINEAPPLE RELISH SAUCE





Salted



Meatloaf Chicken pie Traditional potato enchilada Quiche lorraine Spinach quiche lorraine Palm heart vou le vant





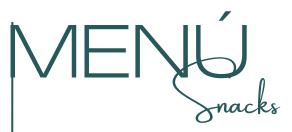
\$2

Argentinian empanada Capresse empanada Ham and cheese empanada Homemade sponge cake Spinach and cheese quiche Mushrooms vou le vant Puff pastry stick stuffed with cheese Mini croissant with ham and cheese



Spanakopita with feta cheese and spinach Canape, dill dip and smoked salmon Cream and cheese crostine dip, cream cheese jam fig, procuitto, balsamic reduction. Pincho capress, bocconcini cheese and ham cured. Phylo pastry basket, mushroom sauté, bacon and cheese. Brusqueta, tomato jelly, fresh mozzarella and serrano ham. Vegetables antipasto







#### Sweets

\$1



Dulce de leche handkerchief Prussian with buttercream Short rib (blackberry, strawberry or guava) Bunch of caramel sauce Apple, pineapple or strawberry struddel Vanilla cupcake Chocolat cupcake Orange cupcake Cream Alfajores



Choco chip cookie Chiverre, pineapple or guava empanada Profiteroles with caramel milk mousse Fruit tartlet Corn Tamale Pudding with raisins Chilean cake







Brownie caramel salted Cheesecake (berries or passion fruit) Carrot cake (with mixes seeds and frosting) Tartled filled with chocolat ganache Pecan pie Eclairs with caramel mousse covered with chocolat





Wine National beer Foreign beer Micheladas Cocktail to choose from (seasonal options)

\*Price per drink, maximum 20 people + \$90 per service.



#### SERVICE POLICIES

For LR Gastronomía it is very important to provide a gastronomic experience with the highest quality standards in terms of service and product, which is why we provide the following service policies:

- Dear customers we appreciate your time and our teams time, so we have made a form for you to request the service in more efficient way.
- 30% of the total quote will be charged for early cancellation less than 48 hours.
- Changes to the final quote with a minimum of 48 hours.
- For buffet service, the time is 1.5 hours; longer than this time, an extra charge of \$20 per hour will be charged for each collaborator.
- The indicated prices DO NOT include transportation or kitchenware or tableware, they have an additional cost according to request:
- > Earthenware tableware \$3 per meal time per person
- > Metal cutlery: \$2
- > Compostable disposable tableware \$1 per person
- >Bubbles \$1
  - Transportation cost: \$9 delivery in bubbles / \$10 catering service
  - Cost for buffet service: \$90
  - Cost for Family Style service: Delivery cost + \$9 per tray